

Soulshine Festival 2022

Activity Highlights

SHINE STAGE KIRTAN CONCERT

Brenda McMorrow – Warmly Embracing “Call and Response” Mantra Music
Gary Diggins & the Bhadra Collective – Sonic Rituals

SHINE STAGE DAY AND EVENING LIVE MUSIC

David Hickey – Special Edition Crystal Journey
Mark Hundevad & The Banned Band – Jazz Fusion
David Celia Band – Folk Rock
The Doozies – Canadiana, Acoustic
freedubstar – Reggae
Ashley Gilmore – Song Writer and Soul Singer
Dr. Keys and The Current Thing – Funk
Jordana Talsky – Vocal Looping
Robin Benedict – Folk Rock
Fringe Citizen – Rock, Political Satire
One Eyed Oracle – Alternative Rock
Mariah Evangeline – Country
Carl Stedmond – “The Greatest Me” Family Concert

SHINE STAGE WORKSHOPS

Envisioning Regenerative Community – Rajie Kabli
Elemental Rhythm Breathwork – Ariel B, Jamison R and Misha L
Kids and Adult Group Drum Lessons (Drums supplied + bring your own) – Ron Cross
Early Bird Yoga & Meditation – Yana Banzen

FEEL WORKSHOP SPACE

Druid Medicine Ritual Concert & Sound Journey – Darren Austin Hall
Envision Through Art – Gaia Orion
Meditation Workshop: Inner Child and Shadow Integration – Amanda Vollmer
Nia Sensory Movement – Susan Elizabeth Rei
Rise & Shine Dance Medicine – Amy Rose Rewilding
Meditation & Movement – Barbara Dametto
Martial Arts & Health – Carey Stone
Strength in Movement – Eli Martyr

THINK WORKSHOP SPACE

Methods of Detoxification – Amanda Vollmer
Conscious Psychedelics 101 – Jenifer Merifield
Wolf’s Earthship Journey – Tom Wolf
Co-creating Sanctuary Communities – Joy
Divinity Unfolding: God and Human at Once – Joshua Lesk
Introduction to Germanic New Medicine – Ilseadora Laker
Indigenous Drum Journey – Heather Clear Wind
Esoteric Science – Jesse Stewart

GLOW STAGE ELECTRONIC MUSIC

Tru Vibez – House Music
Jesse Buck – Chocolate Groove Sound Journey
Symbio – DREAMJunction Audiovisual Ecstatic Dance Journey
Cookie n' Cream – House and Techno
Fuzz – Deep Psychedelic, Minimal
Dee Jay – Deep House

HEALING FOREST Group Activities

Foraging For Survival Food and Medicine Plant Walk – Timothy Martin
Finding Your Voice Circle – Madison Ryley
Learn to Play the Native American Flute – Anthony Barr
Radical Forgiveness Release Circle – Lorree Appleby
Past Psychedelic Journey Integration Circle – Jenifer Merifield

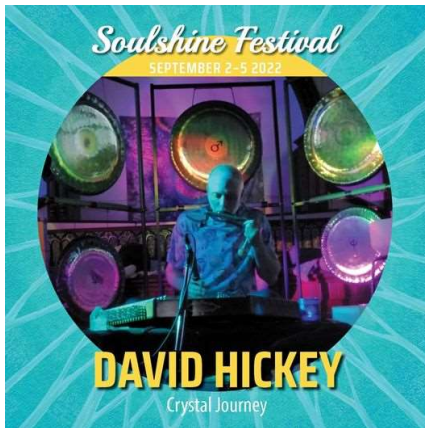
HEALING FOREST Individual Sessions

Acupuncture for Relaxation – Kelly Maslen
Shamanic Energetic Clearing – Sage RavenStar
Reiki with Yoga – Pamela Casadei
Radical Self Forgiveness Healing – Lorree Appleby
Forest Bathing/Acupuncture – April Kowaleski
Massage Therapy – Genn Norman
Energy Clearing and Sound Healing – Jodi Trahey
Hands On Energy Tune Up – Laura JE Hamilton
BioField Tuning – Sacha Thoman
Relationship Breakthrough Sessions – Sabrina Sundari
Reiki Chakra Balancing – Sharon Vandrish
Shamanic Breathwork and Sound Bath – Czarina Mirandills
Massage and Fascial Stretch – Amy Prozowski
Shiatsu Massage – Kevin Wride
5D SoulField Entrainment – Mike Freedom

DINING 🍊 TENT

Eat To Thrive, Bye Bye Labels – Chef Doris Fin
Food Security and Garden Tour – Cameron

***This document does not include family or art village activities.**



David Hickey - Shine Stage - Friday, 9:00 PM

David Hickey has been performing throughout Canada and USA for over 20 years with nearly 1300 shows to date and has released 10 CDs. David's set up includes 6 Quartz Crystal Bowls, 8 Paiste Planet & Symphonic Gongs, 2 Persian Santoots & Harmonica.

David returns this year with a special Soulshiny edition of the Crystal Journey directly following the Opening Ceremony. Completely unique and enhanced by an accompanying light show, the Crystal Journey is designed to create an ambient, multi-sensory experience. Everyone is welcome to engage with this powerful aligning and harmonising experience to start their Soulshine weekend right.



**Anthony Barr - Healing Forest
Saturday & Sunday, 10:00 AM - 12:00 PM**

Anthony Barr is a Founder of Sacred Sevens. He is a spiritual teacher, a geomancer, a healer, a joyful ceremonialist and a gifted flute player who aids in the connection of the soul and the Spirit. Infused with his spiritual teachings, Anthony has conducted over 300 ceremonies, some of them centuries-old.

Set in the magical Healing Forest, each participant will choose a Native American Flute and learn to play their own music as the flute comes alive with divine breath.



Jordana Talsky - Shine Stage - Saturday, 8:00 PM

Jordana Talsky is a singer, songwriter and vocal looper who fuses multi-genre influences into her own sound. Her ethos is to incorporate digital means into live performance in an organic way, and with the loop machine, she accompanies herself by voice, creating a choir on the spot with no pre-recorded parts.

In her shows, Jordana weaves unique interpretations of covers with original songs. Her show exemplifies innovation from a female perspective, both as a one-woman looper and as a songwriter who fuses elements of jazz, soul and avant-pop into a distinctive sound.

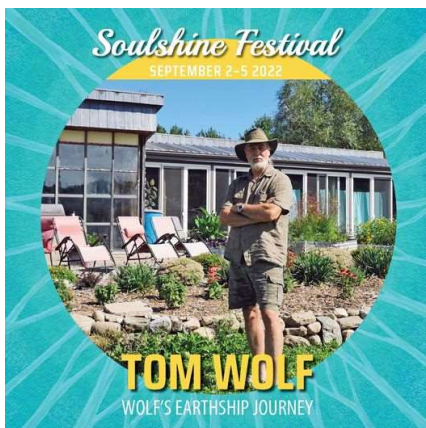
In addition to her solo performance, Jordana will be singing vocals with Dr. Keys & the Current Thing.



**Amandha Dawn Vollmer - Think Space - Saturday, 9:00 AM
Feel Space - Sunday, 11:00 AM**

Amandha Dawn Vollmer (ADV) holds a degree of Doctor of Naturopathic Medicine and is a professional Eclectic Holistic Health Practitioner. Amandha has been helping people heal and prevent disease naturally for over 15 years. She owns and operates YumNaturals Emporium (yumnaturals.store), where she has been designing and producing handcrafted, all-natural body care remedies since 2012.

Amandha facilitated some of the most talked about workshops in 2021 and she is back again, graciously crafting two unique experiences for Soulshine. In the Think workshop space, she is offering up some practical knowledge on Methods of Detoxification and in the Feel workshop space she is taking us on a healing journey for Meditation Workshop: Inner Child and Shadow Integration. No matter how Amandha plugs into the festival she is guaranteed to shift perception.



Tom Wolf - Think Space - Sunday, 9:00 AM

Tom and his family began construction on their Earthship in 1999 and moved into three of the seven rooms in January 2001. Since then, construction has continued while occupying progressively more areas of the home. Finishing touches, landscaping and exterior features are ongoing, with the goal of virtual self-sufficiency in all aspects of living.

Catch Tom in the Think Space as he shares insights, pitfalls and victories on his passionate journey of experimenting and learning to build and live on an Earthship in rural Ontario.



Jenifer Merifield - Think Space - Sunday, 4:00 PM

Jenifer Merifield has been a Personal Excellence Mentor & Master Integration Coach for almost 2 decades. Her present work includes pre and post ceremony integration coaching with those who receive the remarkable, and now widely supported personal growth breakthroughs and trauma healings gained from professionally guided psychedelic and plant medicines.

Jenifer is offering 2 workshops at Soulshine. "Psychedelics For Healing" covering the basics including why you would, what to expect, how to prepare, and integration. "Past Psychedelic Journey Integration Circle" is a sharing circle in the Healing Forest with a focus on how to understand, interpret, and integrate your medicine experience.



Brenda McMorrow - Shine Stage - Saturday, 4:30 PM

Brenda McMorrow is known for her unique and warmly embracing style of mantra music, in which she blends elements of acoustic folk, world rhythms and ancient Indian chants with a sweetly introspective singer-songwriter's sensibility. With over 11 million streams on Spotify alone, Brenda's music has been touching people's hearts across the planet. She has had a rich and diverse musical career (from folk to jazz to bluegrass) and this background creates a highly relatable and engaging Kirtan experience for her audiences.

Join her workshop to experience the joy and healing power of music through the Call and Response Sanskrit Chant.



Darren Austin Hall - Feel Space - Sunday, 3:00 PM

Darren Austin Hall is a mystical musician/song-channeller, sound healer and spiritual sage-philosopher. Since childhood, Darren has been gifted with channelling sounds and songs that help to shift consciousness into mystical states, and open pathways to higher wisdom. He tours internationally, sharing his sacred and healing ritual concerts & renowned Sound Journeys, Cacao & Sonic ceremonies.

Join Darren as he shares soulful songs, spoken word poetry and his beautiful Druid Medicine Ritual Concert & Sound Journey. This Feel Space workshop promises to be a deep healing experience and an odyssey of sacred sound.



The Doozies - Art Village - Friday, 10:30 PM

The Doozies are Canadiana. From major festivals to cottage dock parties, their unique gumbo of narrative-based folk, boot-stomping maritime and sing-along country gets audiences of all ages and styles engaged with the show. The Oshawa based all-string trio of guitar, fiddle and stand-up bass has been carving out their distinct sound for 5 years and they're ready to show you what the next generation of Canadian folk sounds like.

This year, the Doozies bring their lively talents to the Friday Night Fireside Jam. This celebration marks the opening of Soulshine's new Art Village.



Susan Elizabeth Rei - Feel Space - Sunday, 9:30 AM

Susan Elizabeth Rei is a Spiritual Evolutionary and Lightworker with 25 years experience in The Healing/Movement Arts.

She will be offering a soulful, sensory and therapeutic movement workshop rooted in the teachings of The Nia Technique. This promises to be an exhilarating hour of dancing through life, and a personal connection with body, mind, emotions and Spirit.

Nia is practised barefoot and catalysed by inspiring music encoded with Light, Love, and Freedom for unique self expression.



Madison Ryley - Healing Forest - Saturday, 1:00 PM

After studying to be an opera singer, Madison Arsenault quickly realised this was not her path. She took the strong foundation and understanding of the voice, and blended it with her passion for yoga, breathwork, and meditation to create her business "Yogapella, Yoga for Singers" in which she hosts workshops, retreats and events across Toronto and in her current home, San Marcos La Laguna, Guatemala.

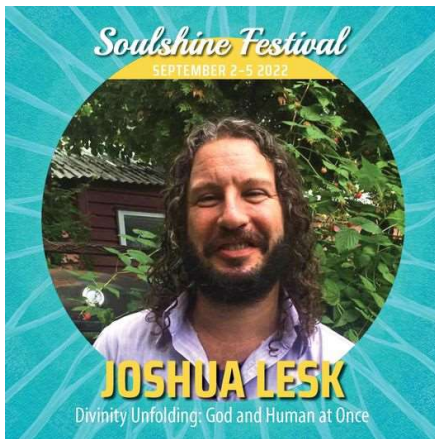
In her workshop for Soulshine, we will be exploring how mindful meditation, movement, gentle breathing practices, and toning exploration can help unlock blocked energies in the body, and transmute past traumas into sound.



**Tim Martin - Healing Forest
Saturday & Sunday 3:30PM - 4:30PM**

Timothy Martin is the scion of Mennonites, woodsmen and horticulturists. He was raised locally, and has travelled the world to study different herbal modalities. He is actively experimenting with agriculture, horticulture and permaculture in the pursuit of sustainability and survival preparedness.

Walking through the forests of Soulshine, Timothy will share his expertise on two different plant identification and food foraging expeditions. Discover the medicine and sustenance provided by the local flora.



Joshua Lesk - Think Space - Saturday, 5:00 PM

Joshua Lesk is an educator in Religions, Spirituality and Ideas. He holds an MA in Jewish and Islamic Studies, and has studied the sacred literature of Judaism, Christianity and Islam in Hebrew, Greek, Arabic and Aramaic, as well as Buddhism, Hindu Vedanta, Tantra, Gnosticism, and Plant Medicine. He has taught most recently at University of Toronto's Faculty of Theology. Joshua has just completed a three-episode sound story entitled "Hunting the Urban Tyrannosaurus," available on Soundcloud.

In this unique workshop, Joshua will explore the themes of Myth, Divinity, Darkness, Empowerment, Dreams and Reincarnation.



Fringe Citizen - Shine Stage - Sunday, 7:15 PM

Fringe Citizen was formed to spread a message of love and hope. In response to the continued corruption of the best parts of society, this relatively new group made up of local, seasoned artists will perform rock songs re-written as political satire and songs of hope for all the fearless freedom fighters. Fringe Citizen creates anthems for the oppressed and provides inspiration for those who love this country and value their freedoms!

Fringe Citizen make their Soulshine debut performance on Sunday at the Shine Stage.



Chef Doris Fin - Dining Tent - Sunday, 2:00 PM

Chef Doris Fin began cooking at the age of 7 and travelling from the age of 18. While exploring various cultures and cuisines, she has learned the necessity and joy of cooking with quality, local and seasonal ingredients. Through her fun and interactive cooking classes, Doris educates people's palates to appreciate and understand natural flavours.

You can find Doris uniquely situated in the Dining Tent, near the Community Kitchen. Come and experience a food prep and learning workshop designed to inspire you to eat healthily and to thrive on real food.



freedubstar - Shine Stage - Sunday, 8:45 PM

Started as an experimental-dub jam-band in 2009, freedubstar evolved out of Toronto's vibrant music scene, and into a funk rock reggae collective.

Led by singer songwriter duo Michael Cooke on guitar and powerhouse drummer Derek "DeeLion" Musgrave, their writing combines roots reggae and up-tempo ska riddims with R&B funk and psychedelic rock guitar explorations evoking Hendrix, Funkadelic and The Police, while paying homage to the Titans of Reggae by playing their favourite covers from Sugar Minot, The Abyssinians and Bob Marley, to name a few.



Ashley Gilmore - Shine Stage - Sunday, 8:00 PM

The first thing anyone will notice about Ashley Gilmore is her irresistible voice. Listen a little longer and you will be swept away with her beautiful Soul songs. Her performances are raw and expressive, with a vocal prowess that feels super-natural. A talented and passionate musician, her gifts are complimented by her unique brand of heart opening music. Ashley's goal is to share her powerful gift with the world, giving people moments of joy and clarity.

One of last year's most beloved artists, Ashley returns to uplift you and win your heart. Ashley is again accompanied by the talented Daniel Saliji on Sunday Evening to grace Soulshine with beautiful and soul-enriching music.



Heather Clear Wind - Ceremonial Fire - Sunday, 2:00 PM

Heather Clear Wind is a Two Spirit, Nehiyaw Cree, Metis, Celtic Counsellor, Healer, Inner Child Specialist, Big Drum Keeper, Poet, Writer, Trans-Disciplinary Artist, Spiritual and Environmental Activist, Musician and More. She is an Intergenerational Indian Residential School Survivor who lived through extreme abuse, torture and human trafficking as a baby and as a child.

For Soulshine this year, Heather is leading an Indigenous Drum Journey on Sunday afternoon around the Ceremonial Fire. Heather's ceremony is for your spirit to journey with the drumbeats, to get information or answer a question, to connect with your power animal and your ancestors, to gain support in spirit from the myriad nature, to help release what no longer

serves you, to help strengthen your connection to spirit, to provide healing and grounding. Each person's journey is unique.



Amy Rose Rewilding - Feel Space- Saturday, 8:00 AM

Amy Rose is a Chek Holistic Health Practitioner, Coach, Sound Healer, Speaker, Yoga & Movement Teacher, Thai Yoga Massage Bodywork Practitioner and Ecstatic Dance & Retreat Facilitator. Amy is both the Space Keeper for the Feel workshops and she is sharing her creative energy as a sound journey and ecstatic dance facilitator.

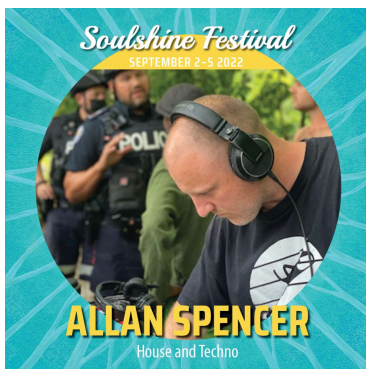
Her offering at Soulshine is an invitation to roll out of your tent and get ready to start the day SHINING. You will be guided through some gentle movements and stretches that shift into a dance centric experience. Enjoy Rise & Shine as a positive high vibe start of your full day of festivaling, learning & connecting.



Dr. Keys & The Current Thing - Shine Stage Saturday, 10:00 PM

Multi-instrumentalist and composer Dr. Keys is a 20-year veteran of the Toronto live music scene. Spending most of his time performing on stage with various and eclectic acts over the last decade, the year 2020 found Keys focusing on writing and recording.

This epic burst of creativity resulted in three remarkable albums, the latest a collaboration with his new band, Dr. Keys & The Current Thing - who will be closing out the Shine Stage lineup on Saturday Night with a rollicking set of songs celebrating freedom and fun, in their debut Soulshine Performance.



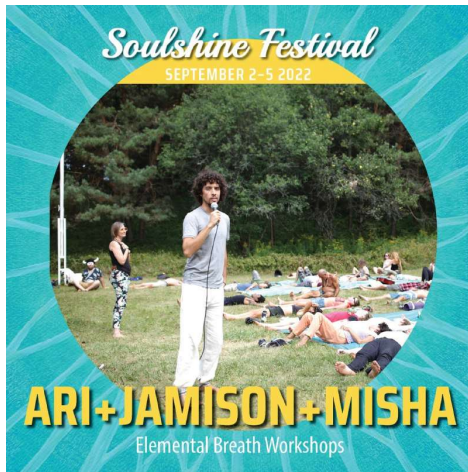
Cookie'n'Cream - Glow Stage - Monday, 1:00 AM

When the world shut down and the music stopped, Djs Omari Taylor and Allan Spencer made a vow to keep the dance flame burning bright - no matter what.

Performing both solo and together as their duo named 'Cookie n' Cream', these two could be found throughout the darkest days of pandemic basting the streets of Toronto with high vibes, killer beats, and deeper than deep grooves. They inspired dance celebrations at freedom rallies, Cherry beach gatherings and 'Dancing is Essential' street parties at Yonge/ Dundas square.



Omari can be found at Queens park every Saturday working to keep freedom alive. Allan has just returned from Mexico with a new addition to his family. These two maestros have not played together since last year's Soulshine festival and look forward to once again providing an ecstatic, come together Soulshine "After Dark" experience.



Ari + Jamison + Misha
Shine Stage - Saturday & Sunday, 10:00 AM

After a near death experience in 2018, Ariel Benavidez saved his own life when he discovered breathwork. Receiving his certification in Elemental Rhythm Breathwork in 2020, Ariel has harnessed the power of this extraordinary healing art and made it his mission to help others.

Jamison Rambharose is a Neo-Shamanic Practitioner of many modalities, Spiritual Alchemist and Heart Centred Entrepreneur. He has practices in photobiomodulation (altering the brain and body with light), breathwork and plant medicine. When not healing the community through his workshops, you can find him volunteering with several grassroots community based

initiatives or spending his time as a devoted dad.

Misha Lee has worked 8 years at a Sensory Deprivation Centre and has 600+ hours of breathing in float tanks. She is the Founder of Lucid Breathing and is eager to share its unbounded healing power with workshop attendants. Misha is an Elemental Rhythm Breathwork Coach, Facilitator and Educator. She is also a Certified Hypnotherapist and NLP practitioner. She holds a compassionate, inquisitive and non judgemental space of 'welcoming everything'.

Join this powerful team for a beautiful, Elemental Breathwork experience that employs the deep science of breath to unlock higher levels of mental and physical potential.



Mariah Evangeline - Dining Tent - Saturday Dinner

Mariah finds inspiration in contemporary and classic country artists like Taylor Swift, Kelsea Ballerini, Shania Twain, and Dolly Parton, who have always been the background music to her life. Now at the age of 17, Mariah continues to pour all of herself into every song she sings. The past two years have given her the perfect opportunity to focus on her songwriting, and even bring her original music to Nashville's iconic Bluebird Café, virtually. Channelling her inner 90s country queen when it comes to songwriting, Mariah weaves together an authentic sound of her own with her honest lyrics and catchy melodies.

For her Debut performance Mariah will be singing some of her favourite songs, including some freedom songs to a captivated Soulshine audience at the dining tent during dinner on Saturday.



Jesse Stewart - Think Space - Sunday, 11:00 AM

Jesse Stewart is a long time student of Esoteric Science, the work of Rudolf Steiner, and Rupert Sheldrake's opus, "Science Set Free." For over thirty years he has made it his life's purpose to support others as a spiritual teacher, mentor, facilitator and friend in the incredible journey of life.

In his Esoteric Science workshop, Jesse aims to refute some of the modern theories presented to us as "settled science", and challenges us to examine our ingrained conceptions. Jesse fearlessly entertains controversial views such as: the heart is many things but not a pump, we do not "think" with our brains, the universe did not begin with a Big Bang, and humans did not evolve

the way we have been taught...

Come spend time with this remarkable thinker and explore life's deepest mysteries - some beyond our capacity to "know" in the traditional sense. With Jesse's inspiring guidance, learn to conceive of a reality that is inclusive of both material and spiritual aspects and seek the harmony between them. The time for this work has never been more important than it is right now.



Barbara Dametto - Feel Space - Sunday, 8:00 AM

Barbara is the founder and director of Breathe True Yoga located in Guelph, Ontario. A woman of many talents and disciplines, she is a long time yoga instructor (500-hour YTT), a meditation teacher, an expressive arts practitioner, a conscious dance facilitator and DJ, a sound healer, a visual artist, and a theatre mask-maker.

Join Barbara for an inspiring, multifaceted meditation that incorporates movement, breath awareness, body scanning, and savasana. Set to music and ushered through Barbara's gentle guidance, this is a workshop that will leave you refreshed and reinvigorated on every level.

Please bring a cushion and a blanket.



Lorree Appleby - Healing Forest - Saturday, 5:00 PM

Lorree Appleby is a Certified Radical Living Master Coach, Intuitive Energy Healer, Speaker & Creator of the personal development game, 'Soul Adventure: Journey to the Real Me.'

Join her sacred circle for a Radical Forgiveness Release Ceremony with Drum Journey.

With abundant sensitivity and loving kindness, Lorree will guide you to release the hurt and pain of a troubled relationship and understand the divine truth at the heart of your suffering. She invites you to access your Spiritual Intelligence using breath work, music and drumming to "facilitate healing and bring peace and calm to your being." It's an extraordinary, perhaps life changing

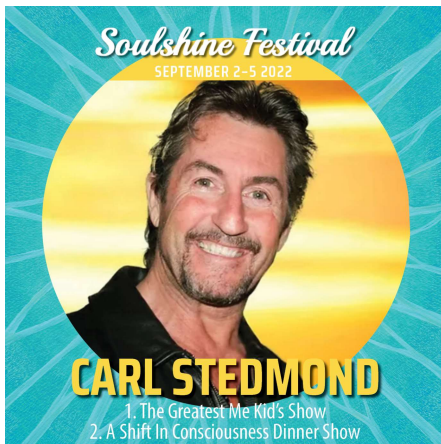
experience.



The Banned Band - Shine Stage - Saturday, 8:45 PM

Once upon a time there was a smoking hot jazz band called Controlled Demolition. When lockdowns arrived and live music was banned in Toronto, band leader, drummer and vibraphonist Mark Hundevad changed its name to the Banned Band; a bold statement for bold music. An active contributor to the Canadian jazz scene for 45 years, the ageless Mark has performed with legendary musicians such as Kyoto Award-winning pianist and jazz innovator, Cecil Taylor; Thelonious Monk, Sun Ra, Art Blakey and The Jazz Messengers bassist Juini Booth, and most recently, Nathan Watts, best known as bassist for the great Stevie Wonder.

Whatever name the band is going under, you're not going to want to miss their mind blowing, groove infested, soul food set on Saturday night.



**Carl Stedmond - Family Area - Saturday, 4 PM
Dining Tent - Sunday Dinner**

Soulshiners are in for an amazing treat when Carl Stedmond arrives on the scene. The Saturday event is called "The Greatest Me", where Carl will teach children self empowerment through his inspiring songs. On Sunday he shares, "A Shift in Consciousness," one man's journey and awakening expressed with music.

Carl had his own shift of consciousness in 2005, when he realised the co-creative role of divine energy in all of our creative endeavours. Inspired as never before, he co-created his first CD in 2008, 'The Diary Of An Uneducated Man; An awakening in songs. Later he co-created, 'The Greatest Me: A Children's CD' with 432 Hz FREQUENCY.

Carl returns to Soulshine this year to uplift and enlighten us with high vibrational music and deep insights into the shift that is happening all over our planet. His message is: everything is energy, and we co-create our reality with every thought, word, feeling and action.



Tru VibeZ - Glow Stage - Sunday, 11 PM

An original gangster Soulshiner, Tru VibeZ kept the vibe alive through the darkest of times, hosting outdoor events when people needed them most. He is known for his fantastic beach party series Glow Thursdays in Toronto.

Tru played at Soulshine in the Alley this winter and people loved it. He's back to Soulshine Festival performing on Sunday night at the Glow Stage. Congratulations to Tru and his beautiful partner on the birth of their new baby.



Jesse Buck - Glow Stage - Saturday, 12:30 AM (Sunday really!)

Jesse Buck, aka J Groove, is set to raise the collective frequency to blissful heights with his DJ set just after midnight on Saturday. Bringing deep, soulful intention to his palette of Tribal grooves, Middle Eastern House, Sacred Bass, Techno, Trance and Sacred Sounds, Jesse uses the profound power of music and dance to transport audiences into a variety of ecstatic states. If that sounds amazing it's because it is.

Toronto born Jesse is a Community Visionary, Producer, Coach, Teacher, Yogi, MC, Cacao enthusiast and Sound Healer looks to inspire others and co-create expressions of unity. When not rocking the house he offers retreats, community events, cacao

ceremonies, and sound journeys on a global scale. He is the founder of "Chocolate Groove" a Cacao Ecstatic Dance Gathering in Toronto, Costa Rica & recently Tulum!

His mission is to support Conscious Communities, inspire others to live their dreams and co-create this golden age.



Ilseadora Laker - Think Space - Saturday, 3:30 PM

Ilseadora Laker is back this year to lead us into an exploration of the mind – body healing philosophy. Although it has been debated for decades, none have been so accurate, or specific in regards to discovering the exact conflict shock responsible for a particular disease process as the Germanic New Medicine.

Join Ilseadora Laker, a former protégé of Dr. R.G. Hamer, as she explains his Five Biological Laws of the Germanic New Medicine and how "viruses" play into the equation.



Rajie Kabli - Shine Stage - Saturday & Sunday, 1:00 PM

Rajie Kabli is the steward of WholeHearted Media, a heart-centred platform showcasing regenerative co-creation through stories that inform, inspire & heal. Rajie has spent the last year diving deep into intentional, conscious, regenerative and off-grid communities, interviewing community leaders and asking questions regarding the most harmonious paths forward. She just returned from 6 months in Mexico and Guatemala and is ready to share some of the wisdom she has found there. Inspired by an activity at the 3rd annual "Tribalize - Regional Regenerative Summit in Tulum", Rajie will be leading participants through an interactive and community focused exercise in co-creation.

What if there were members of your future community right here at Soulshine? How wonderful would it feel to walk away from this workshop super clear on what values are important to you and your community? The goal of this workshop is to allow the emerging blueprint/plan of what a future community could look like. We will break into small groups and execute a task then come back to discuss.



Gaia Orion - Feel Space - Sunday, 1:00 PM

Gaia Orion is an international award winning artist who creates art with visions of a peaceful and flourishing world. She is also a certified creativity coach, bringing art to the business world and teaching business skills to artists.

Already sharing her work in our festival flyers, she is now looking to offer her knowledge in a powerful workshop about envisioning and flourishing your life through art.

Join her to relax, express yourself with colours, reflect, gain insights and share with others. No artistic experience is necessary, only the interest and openness to try, learn and grow.



Yana Banzen - Shine Stage - Saturday & Sunday, 7:00 AM

Yana Banzen is a lawyer, international yoga teacher, and watercolour artist whose life is inspired by examining the psyche, living from a soulful place and cultivating kindness in each moment.

Yana's offering this year is a beautiful way to rise up with the sun and flow into your day with her Early Bird Yoga & Meditation. This will be the earliest activity on Saturday, Sunday and Monday.



David Celia Band - Shine Stage - Sunday, 9:45 PM

David Celia is an innovative singer/songwriter and astonishing guitar player, known for his spontaneously driven live performances. His songs are filled with warm sentiment and sometimes mixed with humour. He tours frequently across Canada and Europe (Glastonbury Festival) and is quoted as "One of Toronto's best guitar players" by CBC Music. David's reputation as a guitarist has led him to play with many local Canadian artists including Andy Kim (The Archies), legendary Alt-Country/folk singers Ian & Sylvia Tyson and acts as diverse as Icelandic alt/pop star Emiliana Torrini.

The David Celia Band has an open alt/folk style that has been described as "Beatlesque".



Eli Martyr - Feel Space - Saturday, 10:30 AM

Eli Martyr is a lifelong athlete specialising in gymnastics, martial arts and various other movement skills. He is a professional stuntman with over a decade of experience and has worked on several Hollywood movies and tv shows as a stuntman and actor. Eli is also a studied Natural Hygienist, offering educational lectures and videos on his Youtube Channel "The Freemelon Society". Interestingly, Eli has spent the past 6 years eating almost exclusively fruit. Join his session to explore using isometrics and callisthenics in the context of mobility and functional movements, to cultivate a strong and able body.



**Ron Cross - Shine Stage - Sunday, 3:00 PM Kids Drumming
Sunday, 5:00 PM Adult Drumming**

Ron Cross, the founder of Orion Drums is back for 2022! He is offering Soulshiners his beloved Kids and Adult Workshops for the second year! A pioneer in the realm of school drumming programs, his innovative approach to musical education is world class and not to be missed. Join in the large and powerful group workshops on Sunday afternoon by using one of the many rented drums or better yet, bring your own. 🥁



One Eyed Oracle - Shine Stage - Saturday, 6:45pm

One Eyed Oracle is the resonant expression of singer-songwriter Boris Rene Buhot. A Toronto born, multi-instrumentalist, who writes alternatively driven music to themes of love, and spiritual awareness.

DJ, Music-Director, and syndicated musicologist Alan Cross, proclaimed One Eyed Oracle an undiscovered gem. "Interesting stuff from multi-instrumentalist Boris Buhot of Oshawa. This is from his debut indie record, Really Small Town. There's something that brings me back to the era between Madchester and Britpop..."

Long time Toronto Music Writer The Real Gary 17 says, ONE EYED ORACLE "is a formidable tunesmith whose lyrics and delivery are direct, visceral and resonant. Alternating between the Grunge Folk vibe and what you might call "Stark Rock", his songs punch through any film of complacency that might be obscuring your vision, presenting boldly and plainly the plight of the modern human."

Catch One Eyed Oracle on Saturday at the Shine Stage.